



## Educational Opportunities for Adoptive and Foster Parents

2017  
Spring

*Each session counts as training toward your licensure requirement and are provided at low or no cost to all foster and adoptive parents. Registration is required.*

**All trainings will be held at the CHS facility at  
1167 Corporate Lake Drive, St. Louis, MO 63132.**

**CHS Parenting KIDS (Kids in Difficult Situations):** Six week class looks at the reasons behind the behaviors exhibited by children who are in foster care or adopted. Looking through the “trauma lens,” parents learn ways of being proactive in trauma informed discipline techniques and how to be good advocates for their children. Understanding that there is not one “right” technique, the series looks at the work of a number of professionals in the world of developmental trauma.

Dates: Mondays: April 10, 17, 24, May 1, 8, 15, 2017

6:00-9:00 PM



**Level A (Elevated Needs) Training:** This recently updated six week course is one of the CD approved curriculums mandated for those resource providers who desire parenting children with elevated needs. The curriculum was developed by Children’s Division staff members and reflects a trauma informed approach to parenting children with trauma histories. This competency based program prepares the provider

with the understanding of the criteria for the provider and those characteristics often exhibited by children who have experienced trauma. Completion of this training is not a guarantee that children meeting the qualifications for such service will be placed with the resource family.

Dates: Wednesdays: April 19, 26, May 3, 10, 17, 24, 2017

6:00-9:00 PM

Dates: Tuesdays: June 13, 20, 27, July 11, 18, 25, 2017

9:30 AM-12:30 PM

**Parenting Children Who Have Been Sexually Abused:** This is a six hour course that will delve into the impact of sexual abuse on a child’s ability to trust, development of sexual identity, future intimacy, respect for one’s body and potential behavioral issues including sexual acting out and perpetration that can occur. The addictive nature of sexual material through media and internet pornography will also be explained and the issue of human trafficking explored.

Dates: Monday, June 5 and 12, 2017

6:00-9:00 PM

**To Register:  
Contact Heather  
(314) 968-2350, ext. 258  
or  
heatherf@chsmo.org**

